

# Monday 26th January 2026

## St. Mary's News

Start children off on the way they should go and, even when they are old, they will not turn from it. - Proverbs 22:6



Watergrove  
Trust  
Providing more



## Welcome

Hello! January comes to an end and we begin to gently look forward to clearer weather and more outdoor learning. For now, there are plenty of fantastic lessons to learn inside the classroom. Let's get started!



## Up and Coming

- Friday 30<sup>th</sup> January**  
Mental Health Coffee Morning
- Tuesday 3<sup>rd</sup> February**  
Year 2 Parent Lunch - details to follow.
- Monday 9<sup>th</sup> February**  
Children's Mental Health Week
- Tuesday 10<sup>th</sup> February**  
Year 6 Trip to Imperial War Museum

|  <h2>Menus Week 1</h2>                                                                                          |                                                               |                                                                          |                                            |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------|--------------------------------------------------------------------------|--------------------------------------------|
|                                                                                                                                                                                                   | OPTION 1                                                      | OPTION 2                                                                 | DESSERT                                    |
| MONDAY                                                                                                                                                                                            | Cheese & Tomato Pizza (V)<br>Served with Wedges & Garden peas | Macaroni Cheese (V)<br>Served with Garden Peas & Garlic slice            | Assorted Cakes, Biscuits, Fruit or Yoghurt |
| TUESDAY                                                                                                                                                                                           | Chicken Tikka Curry<br>Served with Wholegrain Rice & Naan     | Veggie Bolognese<br>Served with Garlic slice & Crispy Mixed Salad        | Assorted Cakes, Biscuits, Fruit or Yoghurt |
| WEDNESDAY                                                                                                                                                                                         | Roast Of The Day<br>Served With Creamy Mash & Vegetables      | Quorn Bangers & Mash (VE)<br>Served with Seasonal Vegetables & Gravy     | Assorted Cakes, Biscuits, Fruit or Yoghurt |
| THURSDAY                                                                                                                                                                                          | Meat & Potato Pie<br>Served with Seasonal Vegetables & Naan   | Chicken Quorn Burger (V)<br>Served with Potato wedges & Golden Sweetcorn | Assorted Cakes, Biscuits, Fruit or Yoghurt |
| FRIDAY                                                                                                                                                                                            | Battered Fish & Chips<br>Served With Garden Peas              | Selection Of Sandwiches<br>Served With Chips & Salad                     | Assorted Cakes, Biscuits, Fruit or Yoghurt |
| Jacket Potatoes available everyday. All meals are served with Water & Milk, with Fresh Fruit & Yogurts available.<br>Any dietary requirements please ask a member of our team or call the school. |                                                               |                                                                          |                                            |

# St. Mary's News



## Attendance

Week beginning 19th January 2026

Reception - 94.7%

Year 1 - 94.7%

Year 2 - 96.7% (3rd)

Year 3 - 98.1% (1st)

Year 4 - 97.1% (2nd)

Year 5 - 94.7%

Year 6 - 96.0%

School  
Target  
95%

This  
Week  
96.1%



## ClassDojo Winners

Reception - Charlie

1 - Elijah

2 - Aoife

3 - Hoorain

4 - Jasmine

5 - Lucas

6 - Alex



### Mental Health Parent Coffee Morning

**Friday 30<sup>th</sup> January 2026  
9:15am in church.**

Join us for this Mental Health Coffee Morning where our Mental Health Support Team member, James, will be joining us to give some top tips around supporting the mental health and wellbeing of our young people. There will be plenty of time for questions and a brew.



### Sensory Needs Workshop For Parents

- Awareness, hints, tips and parent coping strategies for parents on how best to cater for a child with sensory needs.
- Learn from our experienced facilitators

**Thursday 29th January 9.30am to 2.30pm**

**Address**  
KYP, Unique Enterprise Centre, Bellfield Road,  
Rochdale, OL16 2UP

Booking is essential for this free course  
PLEASE CONTACT ANDREW AT KYP OR SPEAK  
WITH FAIZA TO RESERVE A SPACE. an-  
drew@kyp.org.uk

## Year 2 Parent Lunch

We offer a parent lunch for every class throughout the year, where we encourage parents and carers to come into school to enjoy lunch with their young people. Our next parent lunch is for Year 2 on Thursday 3<sup>rd</sup> February. For more details and to get signed up, please log on to your Arbor app.

# St. Mary's News



## Our New Website

We are proud to announce that our new website goes live this week. Developed by Urban Soul with Watergrove Trust, we hope it will be easier than ever to get the key information you need about St. Mary's, including a quick link to Arbor.



## Heywood Civic Family Fun

Heywood Civic is re-opening! To celebrate, they are holding a free Family Fun Day on Sunday 1<sup>st</sup> March. Get creative and playful with a hands on mix of arts, crafts and games everyone can enjoy. Just book your timeslot by going to: <https://ow.ly/1kTt50XU4U1>



## Year 4 Swimming

In the Spring and Summer term, Year 4 will be taking part in swimming lessons with the Your Trust Swim Academy at Rochdale Swimming Baths. Swimming will be on a Wednesday morning and these sessions are funded by school with no cost to caregivers. Swimming is part of the National Curriculum and therefore statutory for every child to take part in. The Year 4 team will be with the class and the instructors throughout the session.

The first session will commence on Wednesday 4<sup>th</sup> February 2026. More details can be found on the letter sent home last week.

## This Week in Worship

This week, we heard from Jan about John the Baptist - a figure in the Bible who showed great resilience and determination in growing the family of God. In Key Stage Worship, we heard Beth Mead's story of perseverance and listened to St. Paul's letter to the Corinthians, where we discover God's desire for us to go out and make the world a better place.

Are you looking for support with the cost of living?

Not sure which benefits you should be getting?

**We're here to help you for free.**

Families in your area are missing out on £100s of benefits. Get support with:

- ✓ Benefit checks
- ✓ Childcare costs
- ✓ Debt advice
- ✓ Utility grants
- ✓ Budgeting advice
- ✓ Council tax support

Get in touch or scan the QR code for self-referral:

Contact Sabah Hussen at [money.matters@rochdalecouncil.gov.uk](mailto:money.matters@rochdalecouncil.gov.uk)  
Or on 0161 555 5542 (available Monday-Thursday)



### How does Money Matters help?

We offer free, non-judgmental support to check your entitlements, manage complex applications, and improve your financial situation.

### We Make a Difference:

- Supported a family with care needs to gain over £10,000 in annual support
- Secured £6,843 for a family who were cutting back on essentials
- Achieved £4,762 in financial support for a parent struggling with anxiety and stress
- Provided over £5,000 in support, offering the family much-needed financial relief and stability

The support from Money Matters has made a truly positive impact on our lives and gave us the breathing space we needed to focus on other important areas, such as spending more quality time with our children.

**kooth**

**Free, safe and anonymous mental health support whenever you need it.**

- ✓ Chat with our team of friendly professionals
- ✓ Helpful articles
- ✓ Self-help tools and activities
- ✓ Support from the kooth community



Visit [kooth.com](https://kooth.com) to find out more

